



FOR IMMEDIATE RELEASE

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www.healthylarimer.org

Event for Kids and Families Emphasizes Health, Service and Fun

Larimer County, CO—Children, youth and families will be able to enjoy a day together playing, learning and helping others at the 2nd annual Family and Youth Summit to be held Saturday, March 31, from 9 a.m. to 3 p.m., in the First National Bank Exhibition Hall at The Ranch (Larimer County Fairgrounds).

The Family and Youth Summit, hosted by the Healthier Communities Coalition of Larimer County (HCC), in partnership with five local radio stations (107.9 FM The Bear, MY 97.9 FM, 96.1 Kiss FM, Fox News Radio 600 AM KCOL, and KIIX AM 1410), provides families the chance to spend a day together having fun and learning about ways to make healthy, safe lifestyle choices.

This year's Summit will feature:

- Jim Davidson, international outdoor expedition leader and high-altitude rescuer, who will give a keynote presentation about perseverance and achieving goals
- Experiential activities hosted by local non-profit agencies and businesses
- Insightful and engaging workshops for older youth and parents
- A service project that will walk participants through the stages of homelessness – from living on the streets to acquiring transitional housing to changing policy. There will be a service activity, such as assembling hygiene kits, associated with each stage.
- Mayors Doug Hutchison of Fort Collins and Larry Walsh of Loveland will present awards to teens who have overcome major obstacles or challenging circumstances to serve others and set a positive example for all.

“We’ve designed The Summit to give families quality time together, while learning about all the rich resources available to them in our community. There will be something for kids of all ages – birth through high school - as well as parents,” said Kim Sharpe, HCC coordinator. “We also hope they take away new knowledge about how to make choices that promote health and well-being.”

Admission is \$10 at the door for families and/or individuals. Pre-registration is recommended for the informational workshops as space is limited in each of the sessions. A list of the workshops and a pre-registration form is available online at www.healthylarimer.org/2007summit. A cash-only concession area will be open for snacks and lunch. For more information call (970) 495-7503 or go to www.healthylarimer.org.

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The Healthier Communities Coalition of Larimer County is an alliance of nonprofit, education, health, business, government and citizen leaders who collaboratively identify, develop and implement strategies to improve the health and well-being of county residents. Established in 1994 and located in Fort Collins, Colorado, HCC's special focus since 2002 has been on improving the lives of our youth.



The 2007 Family & Youth Summit

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